

**Dr. Susan Arjmand:**  
**General Outline for Vocal Health Round Table**

Prepare for open discussion and Q and A but we will plan to hit the following points:

- I      How to prepare for the Medical Interview and Exam-
  - Symptoms
  - Medical History
  - Voice training, Genre
  - Commitments and Expectations
  - Health conditions that Affect the Voice
  
- II     Exam with ENT /Voice Specialist, Voice Therapist
  
- III    Common Voice Disorders
  - Muscle Tension Dysphonia, Vocal Nodules, Vocal Hemorrhage/Mucosal Tear, Effects of Age, Infectious vs Noninfectious Laryngitis, Diseases of other Organ Systems
  
- IV    General Health Issues
  - Respiratory, Environmental Irritants, GERD vs Laryngeal Reflux, Endocrine, Medication Side Effects